



### BAD BREATH QUIZ

Read the following statements and circle the best answer.

1. If someone has bad breath it is a sign that they don't take very good care of themselves. True    False
  
2. Smoking or chewing tobacco causes bad breath. True    False
  
3. If your mouth is very dry that can cause bad breath. True    False
  
4. Cupping your hand over your mouth and breathing into it is a good way to tell whether or not you have bad breath. True    False
  
5. Preventing bad breath can be extra challenging if you have braces or a retainer. True    False
  
6. If you brush and floss your teeth every day you will never have bad breath. True    False
  
7. If you have bad breath a lot, you should ask your dentist or doctor about it. True    False
  
8. Which of these can help prevent or get rid of bad breath:
 

a. Drinking water	c. Flossing
b. Mouthwash	d. Chewing gum
  
9. Which of the following medical conditions can cause bad breath?
 

a. Sinus problems	c. Pink eye	e. Both a and d
b. Eczema	d. Tonsillitis	f. All of the above
  
10. The medical name for bad breath is:
 

a. Halitosis	b. Ammonia	c. Gingivitis
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### BAD BREATH QUIZ

Read the following statements and circle the best answer.

1. 1. If someone has bad breath it is a sign that they don't take very good care of themselves. True  False  
Bad breath can be caused by a lot of different things and nearly everyone has bad breath sometimes.
2. Smoking or chewing tobacco causes bad breath.  True False  
Smoking and chewing tobacco both leave a residual smell, and can also cause gum disease as well as more serious health conditions that can lead to bad breath.
3. If your mouth is very dry that can cause bad breath.  True False  
Saliva helps keep your mouth clean, washing away bacteria and food particles that can cause bad breath.
4. Cupping your hand over your mouth and breathing into it is a good way to tell whether or not you have bad breath. True  False  
A better way is to wash your hand, lick the back of it, wait 10 seconds for it to dry, and smell it.
5. Preventing bad breath can be extra challenging if you have braces or a retainer.  True False  
It's important to clean in your braces using the tools given to you by your orthodontist. Make sure you clean your retainer every day.
6. If you brush and floss your teeth every day you will never have bad breath. True  False  
Foods you eat and medicines you take can cause bad breath, as can certain physical conditions.
7. If you have bad breath a lot, you should ask your dentist or doctor about it.  True False  
A doctor or dentist can help you figure out how to prevent bad breath and whether some more serious problem is causing it.
8. Which of these can help prevent or get rid of bad breath:  
While chewing gum or using mouth wash won't help deal with the underlying causes as the rest of the answers might, it can alleviate the symptom.

a. Drinking water	c. Flossing	<input checked="" type="radio"/> e. All of the above
b. Mouthwash	d. Chewing gum	
9. Which of the following medical conditions can cause bad breath?  
Odors in your mouth can mix with odors from illness or infection resulting in bad breath; the conditions also sometime cause dry mouth, another source of bad breath.

a. Sinus problems	c. Pink eye	<input checked="" type="radio"/> e. Both a and d f. All of the above
b. Eczema	d. Tonsillitis	
10. The medical name for bad breath is:  

<input checked="" type="radio"/> a. Halitosis	b. Ammonia	c. Gingivitis
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