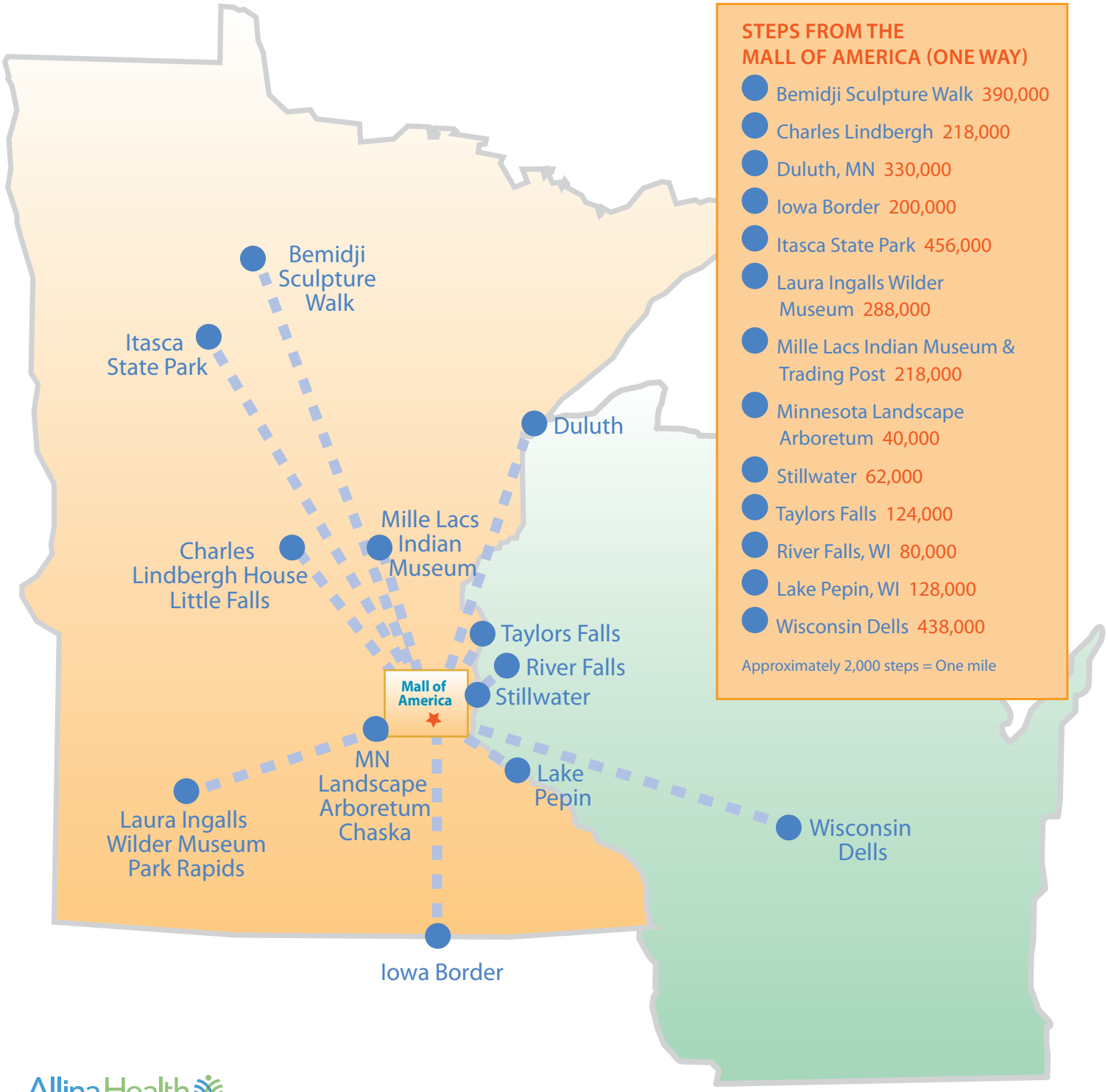
healthpoweredkids™

Pedometer Fitness Challenge for Small Groups



STEPS FROM THE MALL OF AMERICA (ONE WAY)

- Bemidji Sculpture Walk 390,000
- Charles Lindbergh 218,000
- Duluth, MN 330,000
- Iowa Border 200,000
- Itasca State Park 456,000
- Laura Ingalls Wilder Museum 288,000
- Mille Lacs Indian Museum & Trading Post 218,000
- Minnesota Landscape Arboretum 40,000
- Stillwater 62,000
- Taylors Falls 124,000
- River Falls, WI 80,000
- Lake Pepin, WI 128,000
- Wisconsin Dells 438,000

Approximately 2,000 steps = One mile

Allina Health

S411368CC 14337 1112 ©2012 ALLINA HEALTH SYSTEM.
A TRADEMARK OF ALLINA HEALTH SYSTEM.