



GLUTEN WORD FIND

Many foods, common and not so common, contain gluten. This is a list of foods that contain gluten. See if you can find all 18 words.

M	G	L	A	E	R	E	C	D	M	A	M	P	Y
T	H	O	T	D	O	G	S	C	C	W	I	R	K
Z	O	G	D	S	G	I	R	A	H	Z	E	Y	Y
U	Y	O	P	I	E	A	K	E	Z	C	K	E	L
C	D	B	O	S	C	E	A	A	U	R	A	S	N
E	N	Z	A	K	B	T	O	A	T	O	A	P	A
U	A	N	E	R	H	R	S	M	A	E	V	I	R
S	C	R	D	M	L	Y	A	F	R	O	C	H	B
E	S	E	D	N	O	E	C	T	U	B	C	C	D
A	U	B	O	S	S	R	Y	A	S	I	O	R	A
T	E	K	A	C	P	U	C	D	L	A	G	N	E
U	W	H	L	C	O	O	K	I	E	S	P	A	R
N	O	G	D	P	Z	J	V	F	A	I	W	E	B

- WHEAT
- RYE
- BARLEY
- PIZZA
- CAKE
- COOKIES
- BREAD
- BRAN
- SOY
- SAUCE
- CUPCAKES
- PIE
- CEREAL
- PASTA
- CHIPS
- CRACKERS
- CANDY
- HOT DOGS